

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934

RLJ Lodging Trust

(Name of Issuer)

Common Shares of Beneficial Interest

(Title of Class of Securities)

(CUSIP Number)

05/01/2026

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

- ☐ Rule 13d-1(b)
- ☒ Rule 13d-1(c)
- ☐ Rule 13d-1(d)

SCHEDULE 13G

CUSIP No.

	Names of Reporting Persons
1	RM Trading of Florida LLC
	Check the appropriate box if a member of a Group (see instructions)
2	☐ (a) ☐ (b)
3	Sec Use Only
	Citizenship or Place of Organization
4	FLORIDA
Number of Shares Beneficially	Sole Voting Power
5	0.00

Owned by Each Reporting Person With:	6	Shared Voting Power
		4,000,000.00
		Sole Dispositive Power
	7	0.00
		Shared Dispositive Power
	8	4,000,000.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person	
		4,000,000.00
10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)	
		☐
11	Percent of class represented by amount in row (9)	
		2.6 %
12	Type of Reporting Person (See Instructions)	
		OO

Comment for Type of Reporting Person: Rows 6, 8 and 9, all of the 4,000,000 shares are directly owned by RM Trading of Florida LLC ("RMT"). Mark S. Paley and Roger J. Beit, each of whom is a manager and member of RMT, may be deemed to have shared voting power and shared dispositive power over these shares. The percentage ownership reported in Row 11 is based on 151,975,812 Common Shares outstanding as of March 31, 2026, as reported in the Issuer's Quarterly Report on Form 10-Q for the quarter ended March 31, 2026, filed with the Securities and Exchange Commission on May 4, 2026.

SCHEDULE 13G

CUSIP No.

1	Names of Reporting Persons	
	Paley Mark Steven	
	Check the appropriate box if a member of a Group (see instructions)	
2	☐ (a)	
	☐ (b)	
3	Sec Use Only	
4	Citizenship or Place of Organization	
	UNITED STATES	
Number of Shares Beneficially Owned by Each Reporting Person With:	5	Sole Voting Power
		0.00
	6	Shared Voting Power
		4,000,000.00
	7	Sole Dispositive Power
		0.00
	8	Shared Dispositive Power
		4,000,000.00
9	Aggregate Amount Beneficially Owned by Each Reporting Person	
		4,000,000.00

10	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)
	☐
	Percent of class represented by amount in row (9)
11	2.6 %
	Type of Reporting Person (See Instructions)
12	IN

Comment for Type of Reporting Person: Rows 6, 8 and 9, all of the 4,000,000 shares are directly owned by RMT. Mark S. Paley, manager and member of RMT, may be deemed to have shared voting power and shared dispositive power over these shares. The percentage ownership reported in Row 11 is based on 151,975,812 Common Shares outstanding as of March 31, 2026, as reported in the Issuer's Quarterly Report on Form 10-Q for the quarter ended March 31, 2026, filed with the Securities and Exchange Commission on May 4, 2026.

SCHEDULE 13G

CUSIP No.

	Names of Reporting Persons
1	BEIT ROGER J
	Check the appropriate box if a member of a Group (see instructions)
2	☐ (a)
	☐ (b)
3	Sec Use Only
	Citizenship or Place of Organization
4	UNITED STATES
	Sole Voting Power
5	0.00
	Shared Voting Power
6	4,000,000.00
	Sole Dispositive Power
7	0.00
	Shared Dispositive
8	Power
	4,000,000.00
	Aggregate Amount Beneficially Owned by Each Reporting Person
9	4,000,000.00
	Check box if the aggregate amount in row (9) excludes certain shares (See Instructions)
10	☐
	Percent of class represented by amount in row (9)
11	2.6 %
	Type of Reporting Person (See Instructions)
12	IN

Comment for Type of Reporting Person: Rows 6, 8 and 9, all of the 4,000,000 shares are directly owned by RMT. Roger J. Beit, manager and member of RMT, may be deemed to have shared voting power and shared dispositive power over these shares. The percentage ownership reported in Row 11 is based on 151,975,812 Common Shares outstanding as of March 31, 2026, as

SCHEDULE 13G

Item 1.

Name of issuer:

(a)

RLJ Lodging Trust

Address of issuer's principal executive offices:

(b)

7373 WISCONSIN AVE, SUITE 1500, BETHESDA, MARYLAND, 20814

Item 2.

Name of person filing:

(a)

RM Trading of Florida LLC

Address or principal business office or, if none, residence:

(b)

1 North Breakers Row Apt 141, Palm Beach, FL 33480

Citizenship:

(c)

Florida

Title of class of securities:

(d)

Common Shares of Beneficial Interest

(e)

CUSIP No.:

Item 3. If this statement is filed pursuant to §§ 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

(a)

☐ Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);

(b)

☐ Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);

(c)

☐ Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);

(d)

☐ Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);

(e)

☐ An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);

(f)

☐ An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);

(g)

☐ A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);

(h)

☐ A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);

(i)

☐ A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);

(j)

☐ A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J). If filing as a non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J), please specify the type of institution:

(k)

☐ Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K).

Item 4. Ownership

Amount beneficially owned:

(a)

See Row 9 of the cover page for each Reporting Person.

Percent of class:

(b)

See Row 11 of the cover page for each Reporting Person. %

(c)

Number of shares as to which the person has:

(i) Sole power to vote or to direct the vote:

See Row 5 of the cover page for each Reporting Person.

(ii) Shared power to vote or to direct the vote:

See Row 6 of the cover page for each Reporting Person.

(iii) Sole power to dispose or to direct the disposition of:

See Row 7 of the cover page for each Reporting Person.

(iv) Shared power to dispose or to direct the disposition of:

See Row 8 of the cover page for each Reporting Person.

Item 5. Ownership of 5 Percent or Less of a Class.

☒ Ownership of 5 percent or less of a class

Item 6. Ownership of more than 5 Percent on Behalf of Another Person.

Not Applicable

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

Not Applicable

Item 8. Identification and Classification of Members of the Group.

Not Applicable

Item 9. Notice of Dissolution of Group.

Not Applicable

Item 10. Certifications:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

RM Trading of Florida LLC

Signature: Mark Paley

Name/Title: Manager

Date: 05/08/2026

Paley Mark Steven

Signature: Mark S Paley

Name/Title: Manager

Date: 05/08/2026

BEIT ROGER J

Signature: Roger J Beit

Name/Title: Manager

Date: 05/08/2026